



# Yoga to Grow

*breathe, laugh, grow*



Now Enrolling for  
**YogaKids**  
Classes Ages 3-17

**\$10 off**  
**Fall Enrollment**

Expires 9-9-09.

Susan Cooperstock, M.Ed. **573-864-4132**

[www.yogatogrow.com](http://www.yogatogrow.com)

# Kindermusik®

a good beginning  
never ends

- First class is FREE!
- Music and Movement for children up to 7
- Experienced teachers
- Multisensory learning
- Development of the whole child



**\$20 off**  
**Fall Enrollment**

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